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# Balanced Mix Design: Resources

**March 19 - 21, 2024**

*PAPA Regional Technical Meetings*

*Cranberry Township • State College • Allentown*

# BMD Resources: NAPA BMD Resource Guide

← → ↻ 📄 https://www.asphaltpavement.org/expertise/engineering/resources/bmd-resource-guide

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ABOUT NAPA | EXPERTISE | PROGRAMS | MEMBERSHIP | NEWS & RESOURCES

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## BALANCED MIX DESIGN RESOURCE GUIDE

APPROACHES | TESTS | IMPLEMENTATION EFFORTS | RESOURCES | TOOLS | WORKING GROUP

### What is Balanced Mix Design?

Balanced Mix Design (BMD) is defined as "asphalt mix design using performance tests on appropriately conditioned specimens that address multiple modes of distress taking into consideration mix aging, traffic, climate and location within the pavement structure" per AASHTO PP 105-20. This definition was initially established by the former Federal Highway Administration (FHWA) Expert Task Group (ETG) Balanced Mix Design Task Force in 2015.

What is BMD? Watch later Share



# BMD Resources: NAPA BMD Resource Guide

- Approaches
- Tests
- Implementation Efforts
- Tools
- Resources
- Working Group

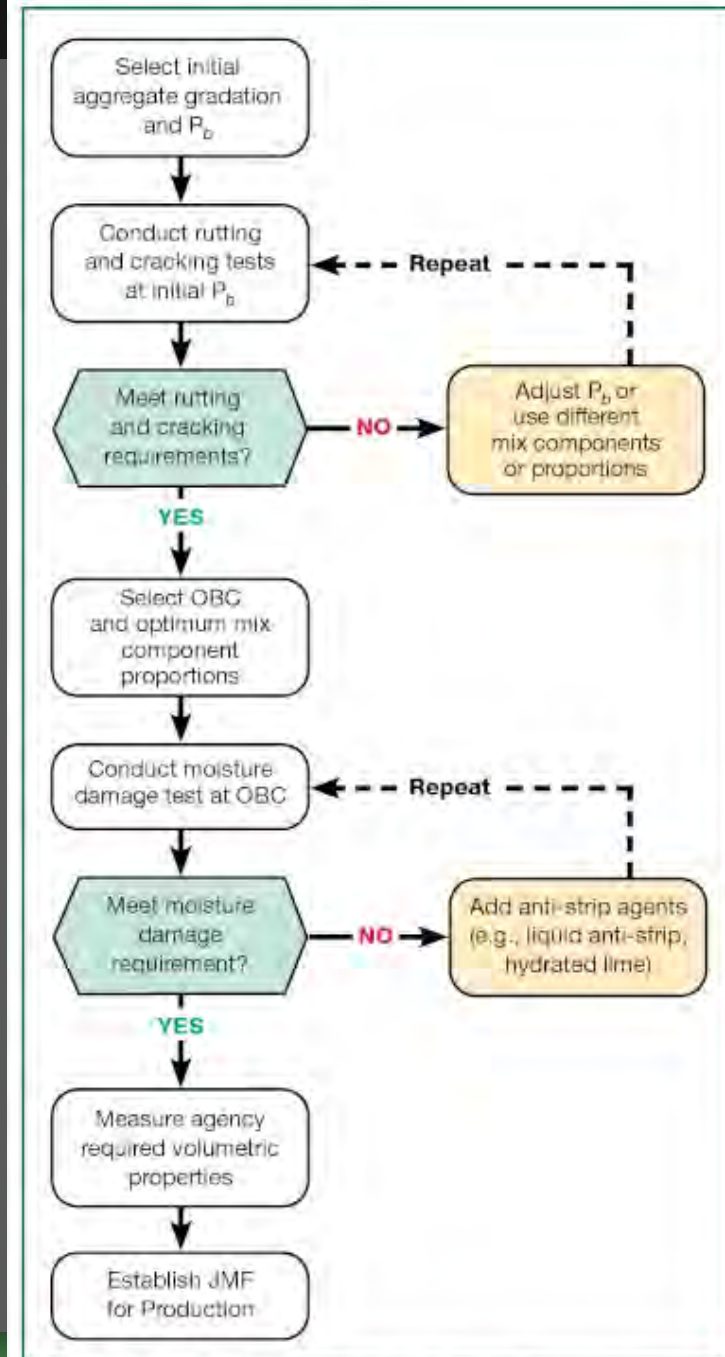



Figure 3. Graphical Illustration of the Performance-Modified Volumetric Design Approach (Approach C)

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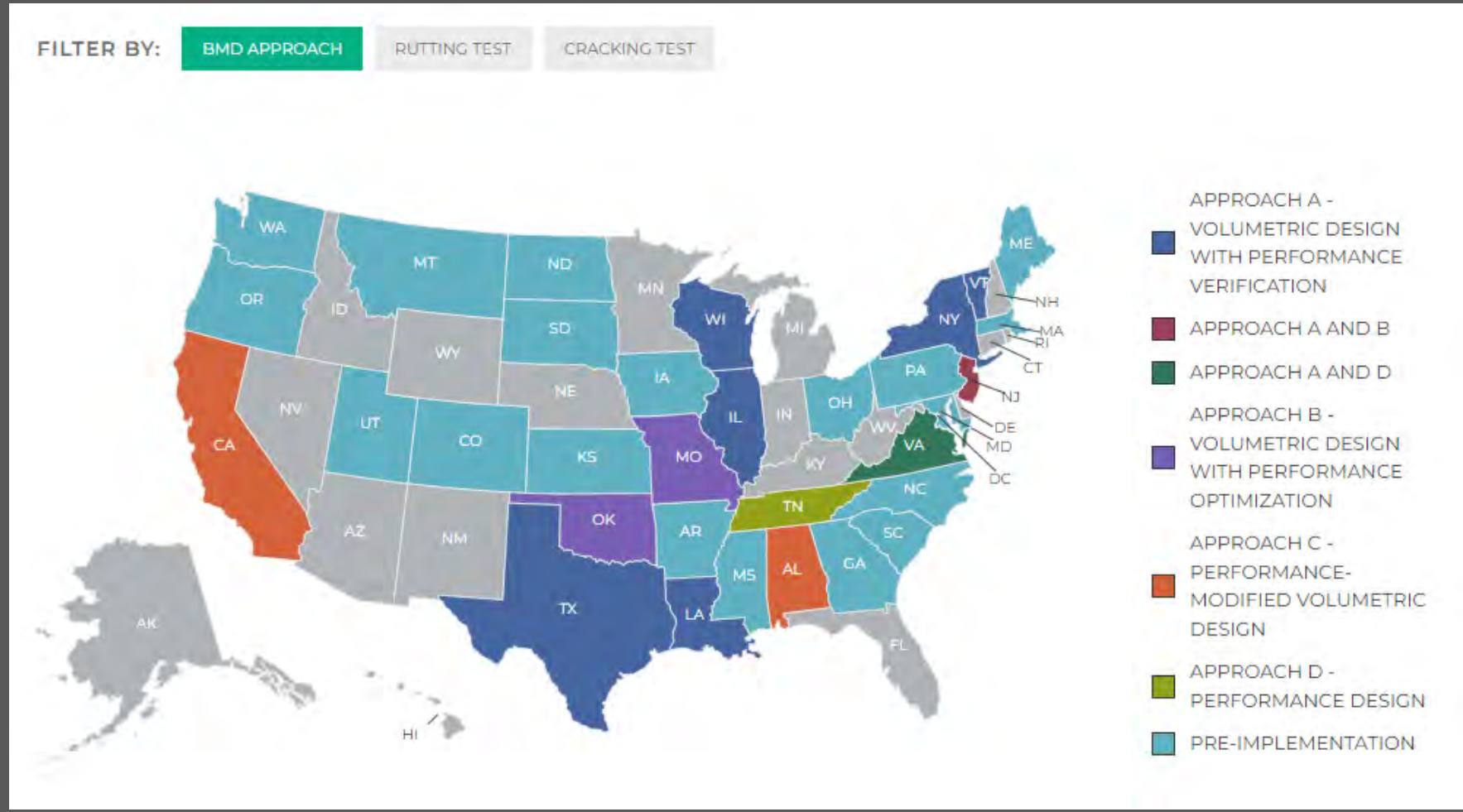
|  |  |
|--|--|
| <p><b>Name of Test</b><br/><b>Hamburg Wheel-Tracking Test</b></p>  | <p><b>Developer(s)</b><br/>Developed in Germany</p>  |
| <p><b>Test Method(s)</b><br/>AASHTO T 324-19</p>   | <p><b>Adoption by Agencies</b><br/>California, Georgia, Idaho, Iowa, Illinois, Kentucky, Louisiana, Massachusetts, Maine, Missouri, Montana, Oklahoma, Oregon, Tennessee, Texas, Utah, Vermont, Washington</p> |
| <p><b>Description</b><br/>During the test, two sets of cylinder or slab specimens are placed side by side, submerged in water, and subjected to repetitive applications of wheel loads. Rut depths at different positions along the specimens are recorded for each wheel pass. The specimens are loaded for a maximum of 20,000 wheel passes or until the specimens deforms by a pre-determined rut depth (typically 12.5mm). Typical result curves consist of post-compaction phase, creep phase, and stripping phase.</p> | <p><b>Photographs/Illustrations</b></p>   |
| <p><b>Test Results</b><br/>Rut depths, stripping inflection point, creep slope, stripping slope, stripping number, stripping life, rutting resistance parameter</p>  | <p><b>Test Temperature(s)</b><br/>40 to 70°C</p>   |
| <p><b>Equipment &amp; Approximate Cost</b><br/>Hamburg Wheel-Tracking Device<br/>Saw for cutting specimens</p>   | <p>\$40,000-75,000<br/>\$6,000</p>   |
| <p><b>Specimen Fabrication</b><br/>Gyratory specimens, 1 cut (30 minutes)<br/>Slab specimens</p>   | <p><b>Number of Replicate Specimens</b><br/>4 specimens</p>  |
| <p><b>Specimen Conditioning</b><br/>Conditioning for 45 minutes at the test temperature under water</p>  | <p><b>Testing Time</b><br/>6.5 hours after conditioning</p>  |
| <p><b>Data Analysis Complexity</b><br/>Simple</p>  | <p><b>Test Variability</b><br/>Medium (10-30% COV)</p>   |
| <p><b>Field Validations</b><br/>Good (pavement sections in Colorado, Texas)</p>  | <p><b>Overall Practicality for Mix Design and QA</b><br/>Good for Mix Design<br/>Fair for QA</p>   |






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*Use this sheet after compacting 2 Trial Specimens*

Target Air Voids(%) = 7.00


|                  | Weight  | Air Voids (%) |
|------------------|---------|---------------|
| Trail Specimen 1 | 2,458.0 | 7.4           |
| Trail Specimen 2 | 2,478.4 | 6.6           |

**Instructions:**

Input Trial Specimen Info In Green Cells  
Rounded Target Weight in Orange Cell

Target Weight = 2,468 grams

Rounded Target Weight = 2,470 grams



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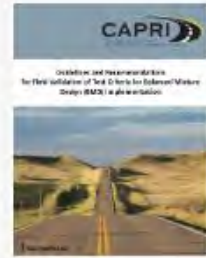
NAPA IS-145 Guide for Asphalt Mixture Specimen Fabrication for BMD Performance Testing



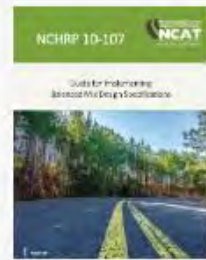
Practical Considerations for Selecting a Performance Test for Asphalt Mixtures



Balanced Mix Design: Industry Business Case



CAPRI 23 Guidelines and Recommendations for Field Validation of Test Criteria for Balanced Mixture Design Implementation



NCHRP 10-107: Guide for Implementing Balanced Mix Design Specifications



NCAT REPORT 22-01: NCAT Performance Testing Round Robin



NCAT REPORT 20-02: Performance Testing for Quality Control and Acceptance of Balanced Mix Design



A Summary of Asphalt Mix Design Job Mix Formulas to Satisfy Mechanical Test Priorities



Positive Practice, Lessons Learned, and Challenges When Implementing Balanced Design of Asphalt Mixtures at the Site



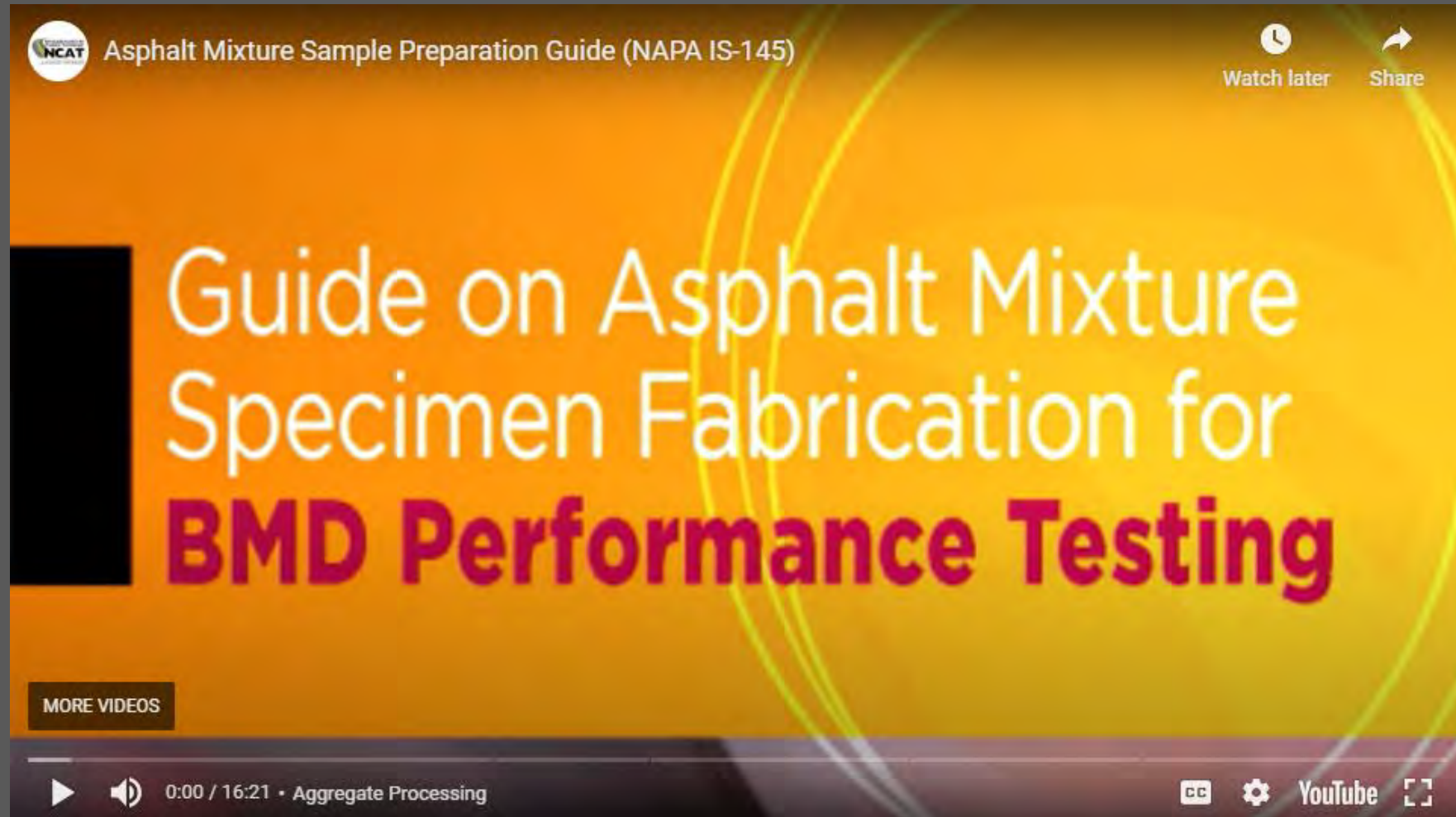
Case Studies on the Implementation of Balanced Mix Design and Performance Tests for Asphalt Mixtures



FWHA TechBrief: Balanced Asphalt Mix Design Site Tests for Implementation (FWHA-14F-22-048)

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### Adjustment of Asphalt Mix Design/Job Mix Formula to Satisfy Mechanical Test Properties

**Table 6. Summary of Experienced Most Sensitive and Least Sensitive Mixture Components to Mechanical Test Criterion**

| Organization                          | Most Sensitive Mixture Component  | Least Sensitive Mixture Component                         |
|---------------------------------------|---|---|
| Advanced Asphalt Technologies         | Binder content (by weight or effective by volume).  | Aggregate gradation.                                      |
| Advanced Materials Services           | Aggregate angularity.<br>Binder grade.  | Percentage of fines and type of fines.                    |
| Barre Stone Products                  | Binder content.   | Binder ratio.   |
| Blankenship Asphalt Tech and Training | Time under heat.<br>Conditioning of specimens.  | Gradation curves – every mix has unique gradation curves. |
| Granite Construction                  | Binder content.<br>Virgin binder stiffness.<br>RAP binder stiffness (by changing RAP percentage). | Anti-strip additive.                                      |
| Howell Paving Inc                     | Binder content.<br>Aggregate angularity.  | Did not provide.  |
| Mathy Construction                    | Binder content.<br>Aggregate angularity.  | Binder ratio (asphalt binder replacement ratio).          |





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## TechBrief

The Asphalt Pavement Technology Program is an integrated national effort to improve the long-term performance and cost effectiveness of asphalt pavements. Managed by the Federal Highway Administration working with State highway agencies, industry and academia, the program's primary goals are to reduce congestion, improve safety, and foster technology innovation. The program was established to develop and implement guidelines, methods, procedures, and other tools for use in asphalt pavement materials selection, mix design, testing, construction, and quality control.

Office of Preconstruction,  
Construction, and  
Pavements  
FHWA-HIF-22-048  
Date: April 2022



## Balanced Asphalt Mix Design: Eight Tasks for Implementation

### Introduction

Balanced Mix Design (BMD) is described as an “asphalt mix design using performance tests on appropriately conditioned specimens that address multiple modes of distress taking into consideration mix aging, traffic, climate, and location within the pavement structure.”<sup>(1)</sup> Goals for implementation of BMD may differ among State Departments of Transportation (DOTs). Initially, some may wish only to add performance tests as part of mix design approval, whereas others may want to replace many existing criteria with new performance test criteria for mix design approval as well as for quality assurance (QA). To learn more regarding the details of BMD and implementation efforts, FHWA conducted virtual site visits between April and September 2020 and interviews of seven early adopter State DOTs, along with material producers, consultants and paving contractors that serviced the agencies. The participating State DOTs were California DOT (Caltrans); Illinois DOT (IDOT); Louisiana DOT and Development (LaDOTD); Maine DOT (MaineDOT); New Jersey DOT (NJDOT); Texas DOT (TxDOT); and Virginia DOT (VDOT).

Successful practices documented from these virtual site visits were collected and synthesized into an overall process of implementing BMD as part of mix design approval and QA. This effort suggested eight major tasks based on concurrent activities (e.g., BMD regional workshops<sup>(3)</sup>, BMD implementation guide<sup>(4)</sup>). The tasks and the associated subtasks are presented in Table 1. These tasks are meant to summarize the suggested activities that a State DOT may need to undertake to implement a BMD program. Not all tasks may be applied or considered by a State DOT depending on its organizational structure, staffing level, workspace, annual asphalt tonnage, as well as industry experiences and practices. Use of the tasks is not a Federal requirement.

Although there are logical sequences for some of the tasks, there are some cases where tasks may be conducted in parallel or in a different order without any negative consequences. For instance, several activities can occur in

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**BMD IMPLEMENTATION WORKING GROUP**

HOME APPROACHES TESTS IMPLEMENTATION EFFORTS TOOLS RESOURCES

Working Group Governance

Interested in participating? Review the [Charter](#) and [Guidelines](#), then [Become a Friend](#) of the group.

Questions? Contact the [Engineering](#) team.

CHARTER GUIDELINES BECOME A FRIEND





# BMD Resources: Webinars, Videos, etc.



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# Thank you....

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