



Balanced Mix Design and Other Hot Topics

Mary Robbins, Ph.D., P.E._(OH),
Director of Technical Services
PA Asphalt Pavement Association

July 26, 2023

PAPA-PennDOT Bus Tour

District 9

Altoona, PA

Balanced Mix Design

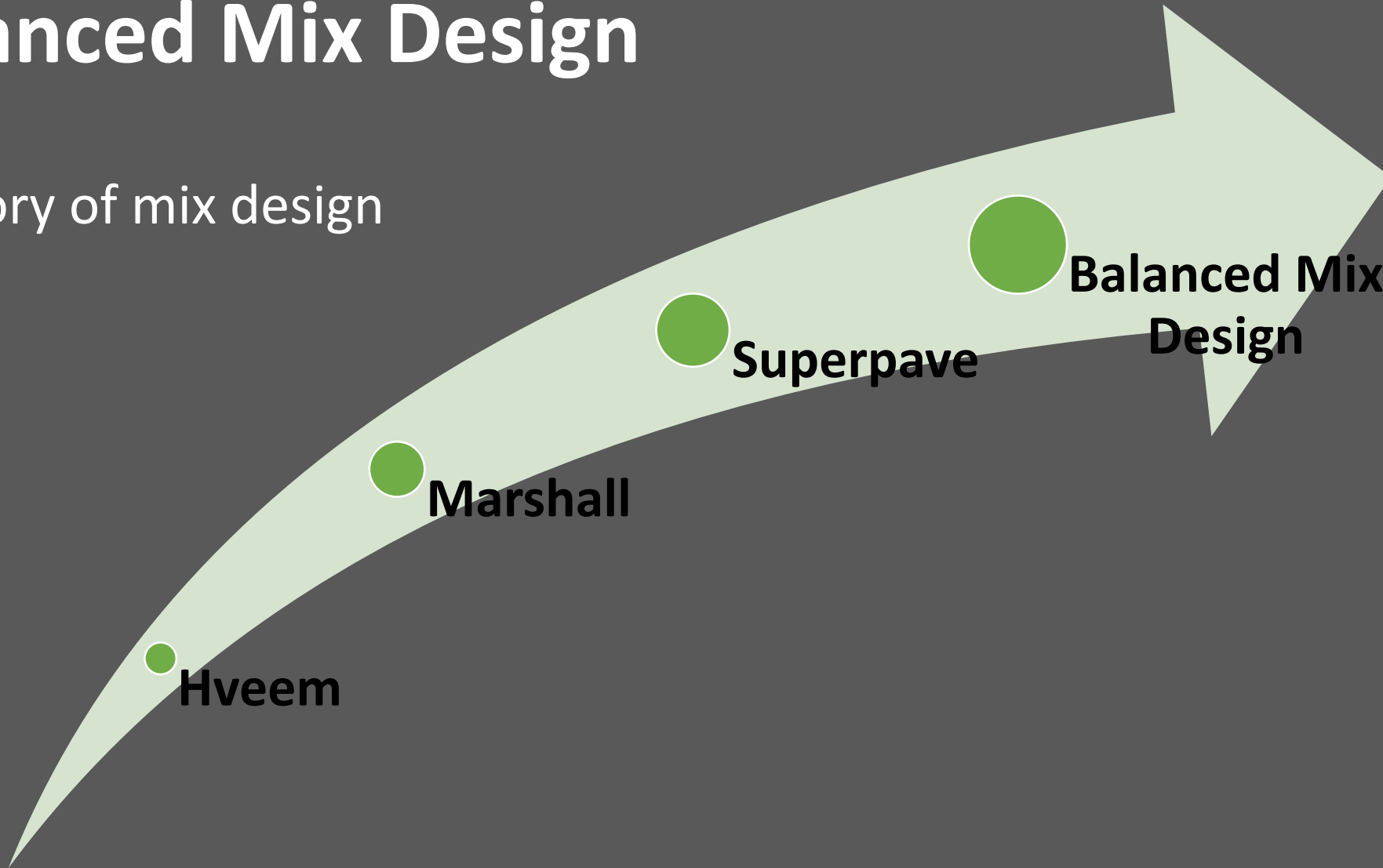
“asphalt mix design using performance tests on appropriately conditioned specimens that address multiple modes of distress, taking into consideration mix aging, traffic, climate and location with then the pavement structure.”

~ AASHTO PP 105-20 & FHWA ETG,
Balanced Mix Design Task Force (2015)



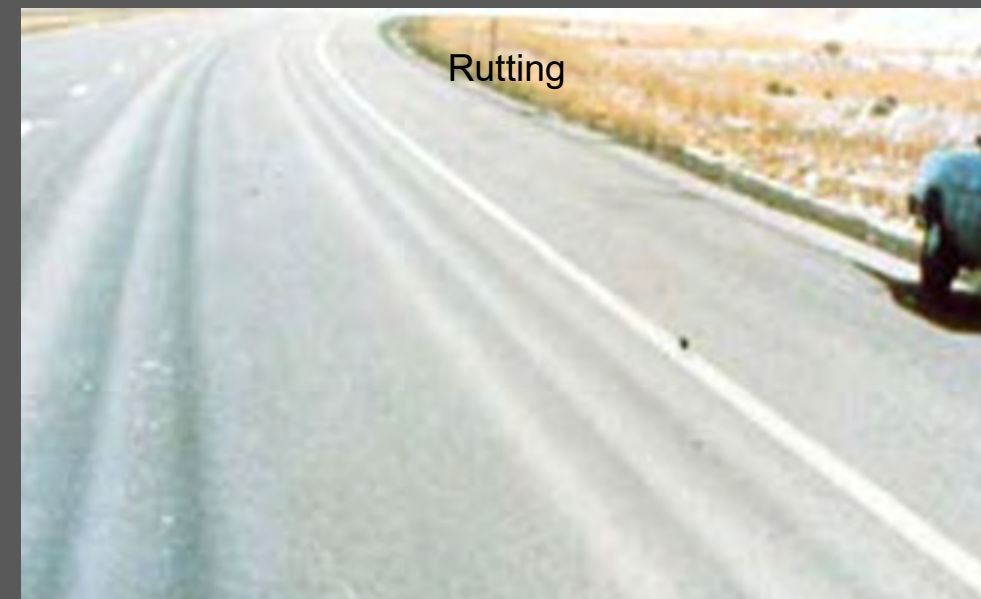
Balanced Mix Design

- History of mix design

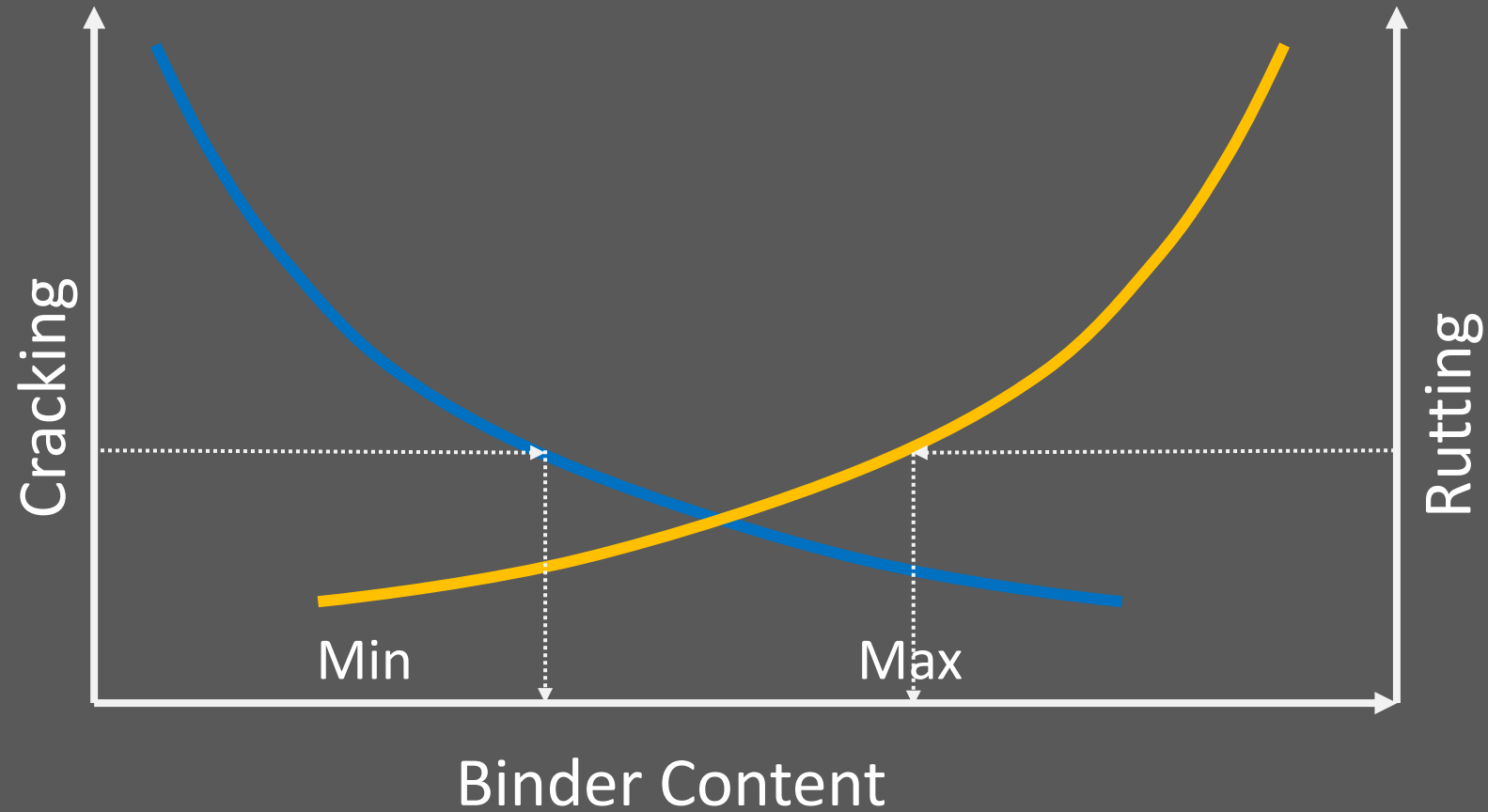


Balanced Mix Design

Asphalt Pavement Distresses



Balanced Mix Design



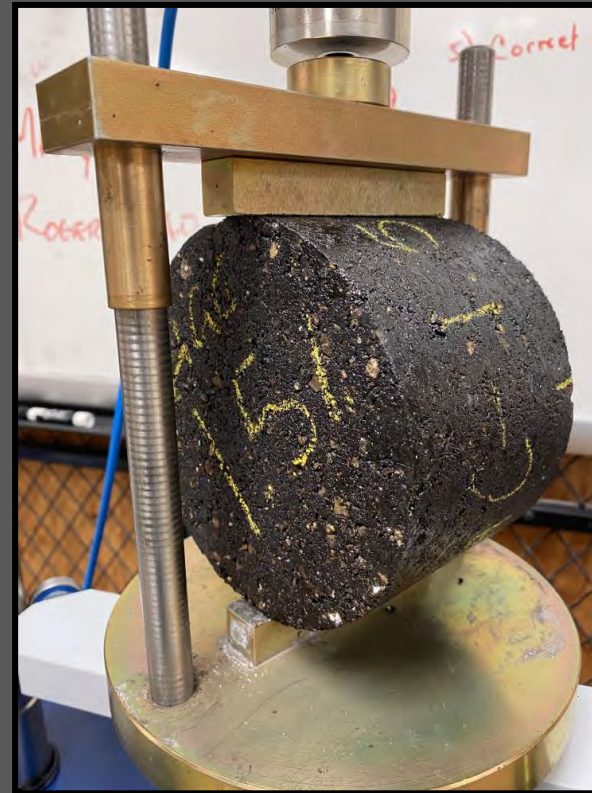
Balanced Mix Design

- 4 Approaches:
 - A. Volumetric design + performance verification
 - B. Volumetric design + performance optimization
 - C. Performance-modified volumetric design
 - D. Performance design



Balanced Mix Design

- Performance Tests:
 - Rutting
 - Hamburg Wheel Track Test (HWTT)
 - Cracking
 - IDEAL CT
 - Moisture Damage
 - Tensile Strength Ratio (TSR) and/or
 - HWTT Stripping Inflection Point (SIP)



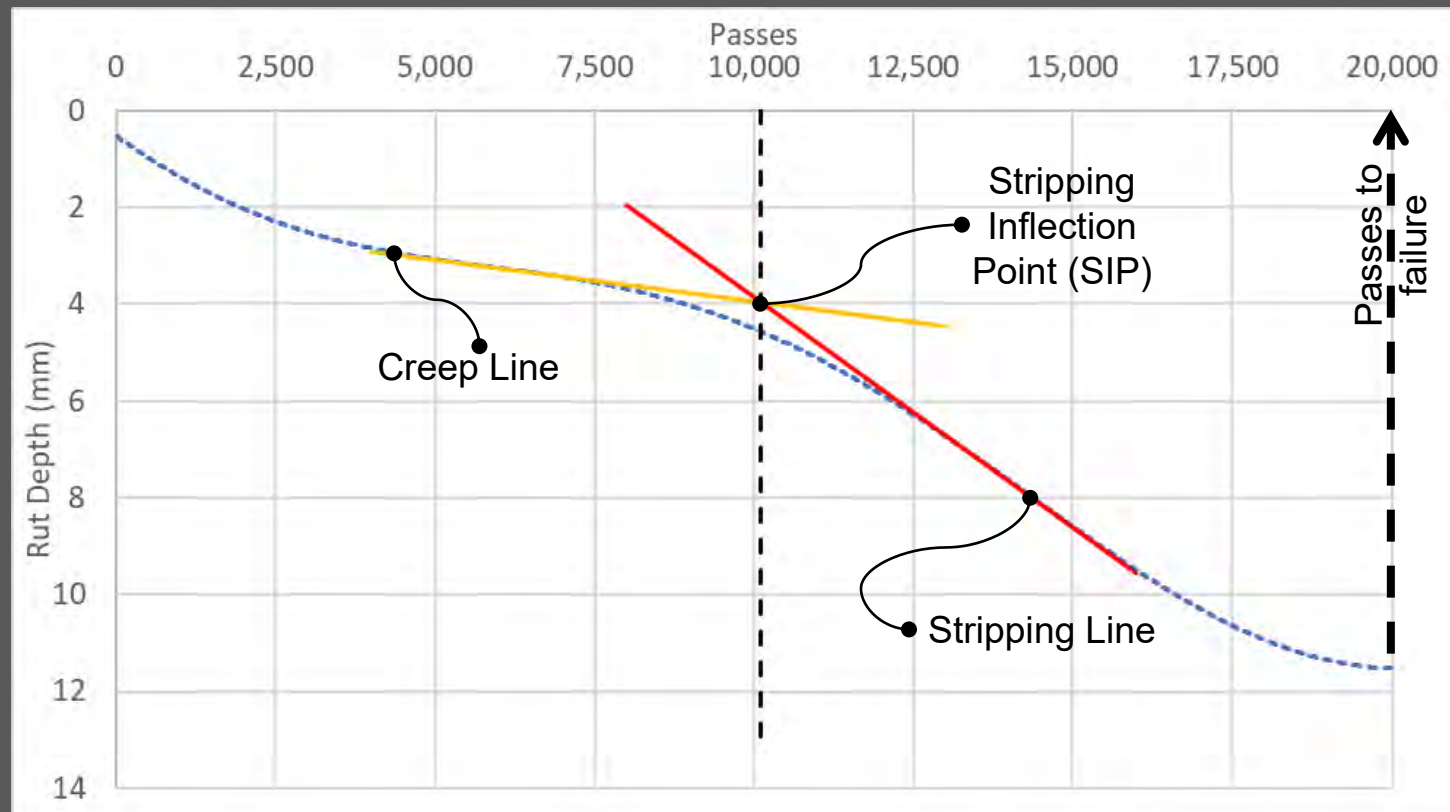
Balanced Mix Design

- Rutting: HWTT (AASHTO T 324)
 - Samples submerged
 - 50C water bath
 - 20,000 passes of steel wheel
 - Measures deformation vs. pass
 - Max deformation
 - No. of passes to 12.5 mm



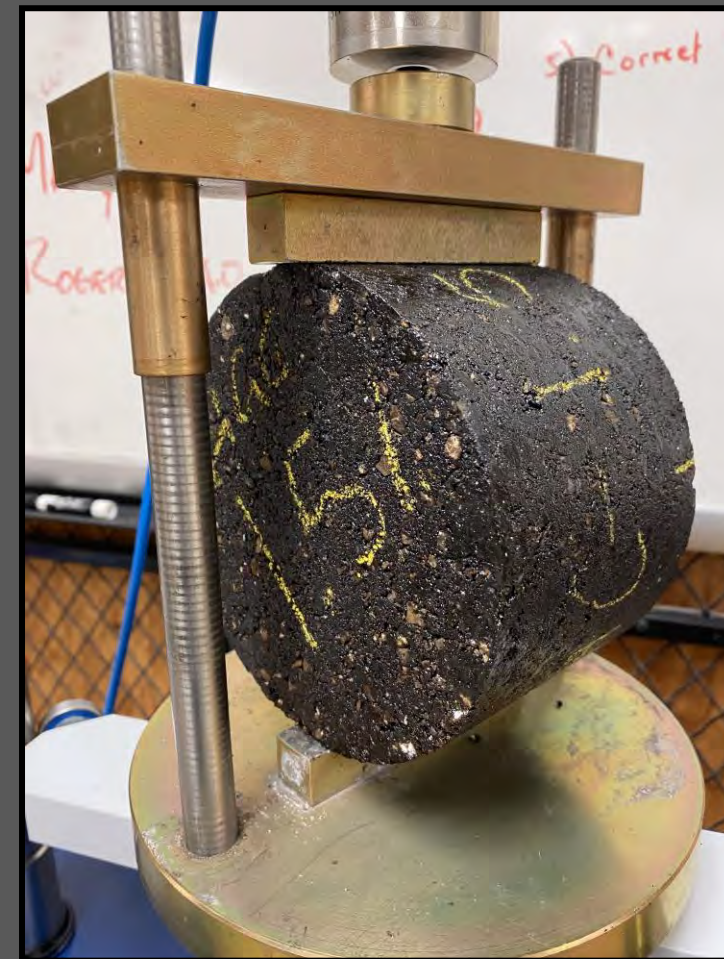
Balanced Mix Design

- Rutting/Moisture Susceptibility: HWTT



Balanced Mix Design

- Cracking: IDEAL CT (ASTM D8225)
 - Test Temperature = 25C
 - Gyratory compacted specimens
 - 62 mm
 - 7% air voids
 - Measures Deformation vs. Load
 - Cracking Tolerance (CT) Index



Balanced Mix Design

Source: Zhou, F. (2019). NCHRP IDEA Project 195.

• IDEAL CT

$$CT_{Index} = \frac{t}{62} \times \frac{G_f}{|m_{75}|} \times \left(\frac{l_{75}}{D} \right)$$

where,

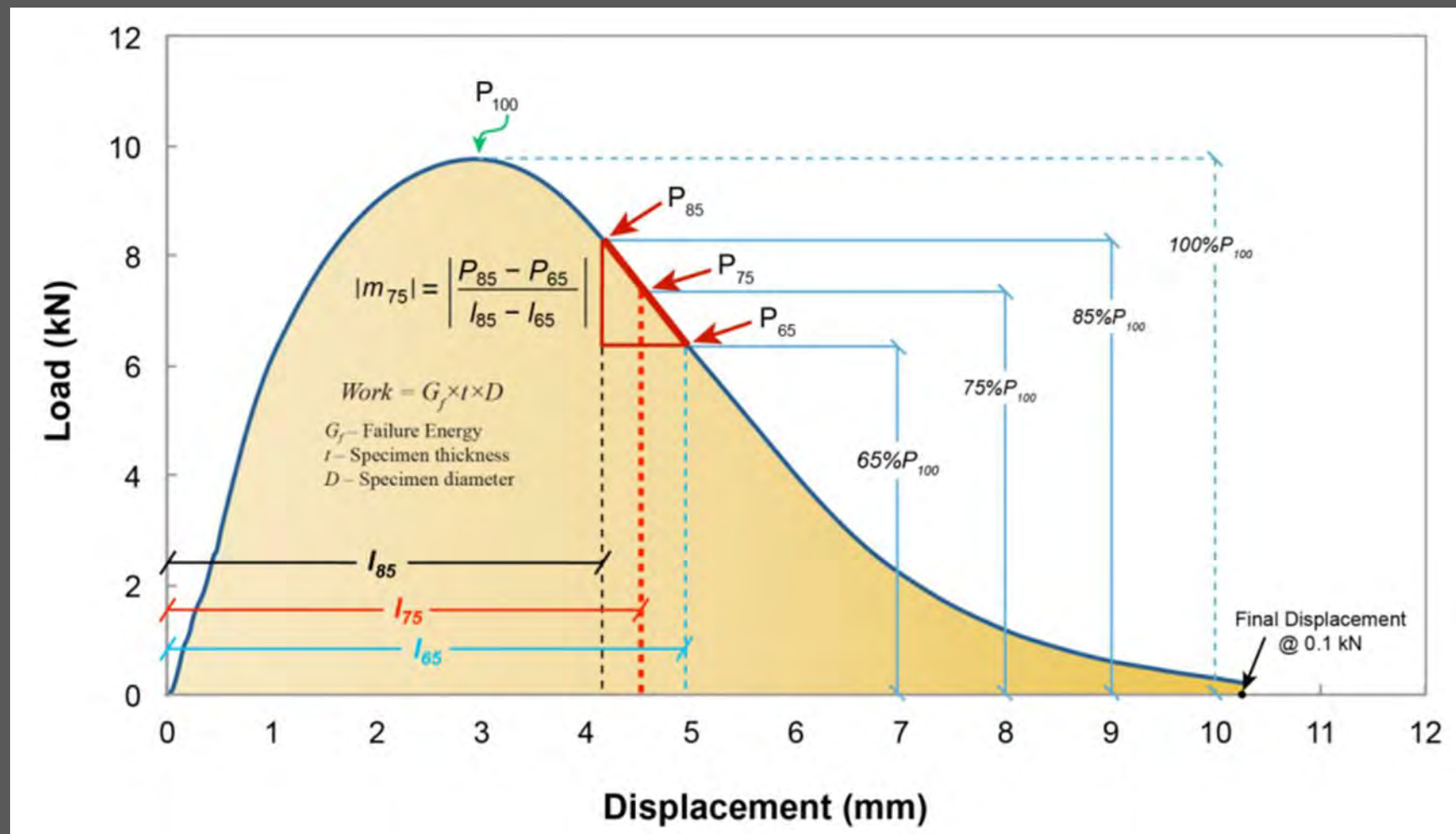
t Specimen thickness (mm)

G_f Failure energy

m_{75} Slope of curve at 75% of peak load (post peak)

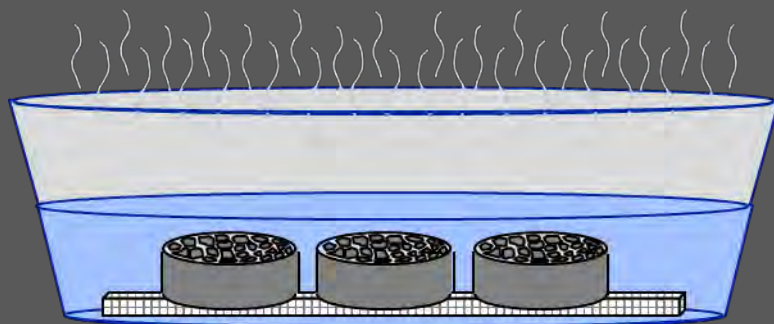
l_{75} displacement at 75% of peak load

D Specimen diameter



Balanced Mix Design

- Moisture Susceptibility: TSR (AASHTO T 283)



3 Conditioned Specimens



3 Dry Specimens
(2 hours @ 25 °C)



**Tensile Strength
Ratio (TSR)**
> 80%

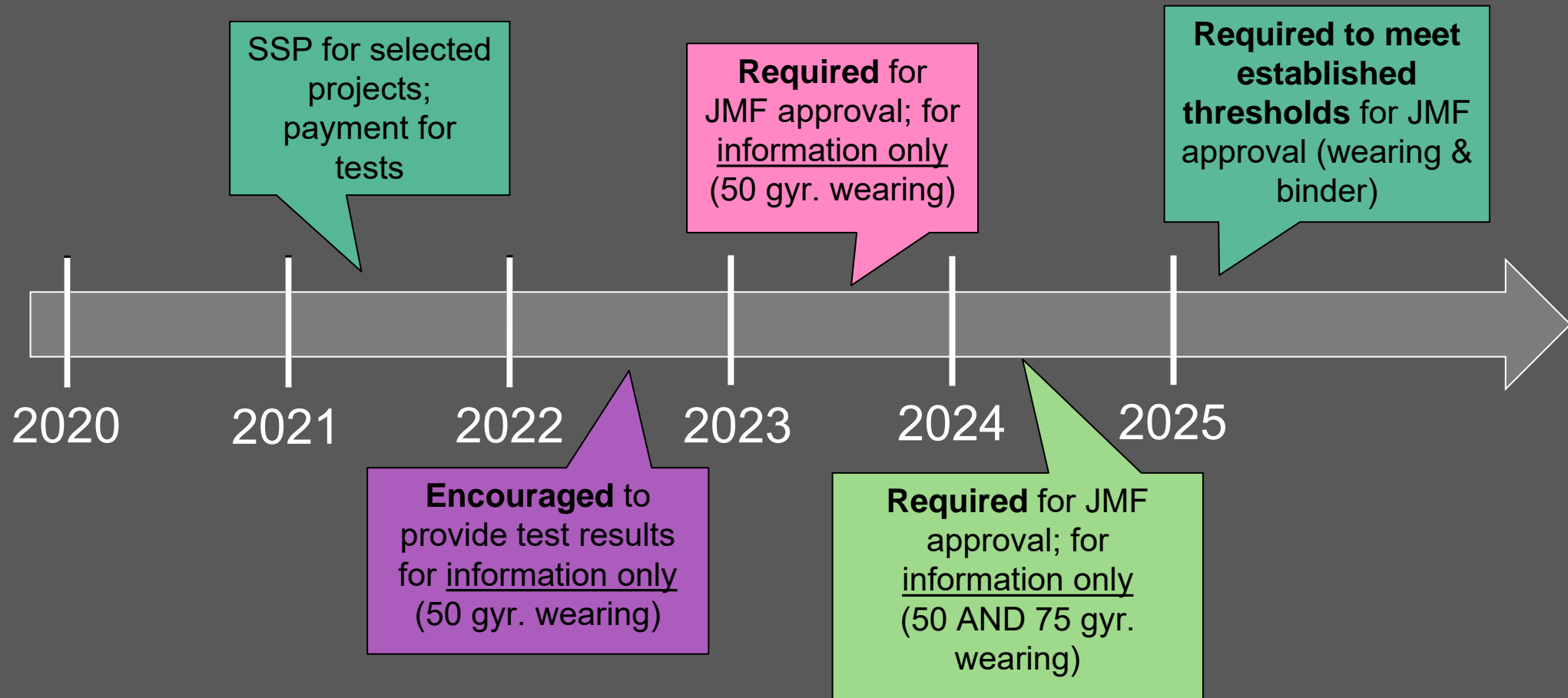


Benefits of BMD

- Innovation
- Performance tests provide
 - Confidence
 - Risk assessment



Balanced Mix Design



Sustainable Asphalt Pavements



Pennsylvania Asphalt
Pavement Association
Pennsylvania Rides on US.



Federal Buy Clean Initiative

Buy Clean is a procurement policy to promote the purchase of construction materials and products with lower embodied greenhouse gas (GHG) emissions, taking into account the life-cycle emissions associated with the production of those materials.

CONSTRUCTION MATERIALS:

- Concrete
- Steel
- Flat Glass
- Asphalt

~50% of all manufacturing GHG emissions

98% of government's purchased construction materials

Federal Buy Clean Initiative | Office of the Federal Chief Sustainability Officer



Understanding Carbon



Embodied Carbon

Manufacture, transport and installation of construction materials

Operational Carbon

Building Energy Consumption

Image Credit: Building Transparency and Skanska USA



Environmentally Preferable Asphalt (P100 Facilities Standard)

- Federal office buildings, courthouses, and land ports of entry
- Requirements:
 - Submit an **E**nvironmental **P**roduct **D**eclaration (EPD) for each asphalt mix
 - Use 2 environmentally preferable techniques:
 - **At least 20% RAP content**
 - **Warm mix technology (reduced onsite mix temperature)**
 - **Non-pavement recycled content (roof shingles, rubber, or plastic)**
 - **Improved energy/carbon efficiency of plants or equipment (e.g., natural gas)**
 - **Other environmentally preferable techniques (contractor can propose)**

<https://www.gsa.gov/real-estate/design-construction/engineering-and-architecture/facilities-standards-p100-overview>





Interim IRA Low Embodied Carbon Materials

- Defines low embodied carbon materials for 11 pilot projects.
 - Materials (concrete, cement, concrete masonry units, asphalt, steel, and glass).
 - Asphalt:

• GSA IRA LEC Material Requirements

GSA IRA Limits for Low Embodied Carbon Asphalt - May 16, 2023 (EPD-Reported GWPs, in kilograms of carbon dioxide equivalent per metric ton - kgCO ₂ e/ t)		
Top 20% Limit	Top 40% Limit	Better Than Average Limit
55.4	64.8	72.6



Environmental Product Declaration



Environmental Product Declaration

- Quantified environmental information on the life cycle of a product,
- Enables comparisons between like products fulfilling the same function*

“Nutrition label” for environmental impacts

- ISO Type III Environmental Label

Independently verified

- NAPA Emerald EcoLabel: John Beath Environmental
- National Science Foundation
- Others...

*Source: ISO 14025:2006. EPDs from different Product Categories should NOT be compared to each other.

EPD “Nutrition” Label

Your Building Product

Amount per Unit

LCA IMPACT MEASURES	TOTAL
Primary Energy (MJ)	12.4
Global Warming Potential (kg CO ₂ eq)	0.96
Ozone Depletion (kg CFC-11 eq)	1.80E-08
Acidification Potential (mol H ⁺ eq)	0.93
Eutrophication Potential (kg N eq)	6.43E-04
Photo-Oxidant Creation Potential (kg O ₃ eq)	0.121

Your Product's Ingredients: Listed Here



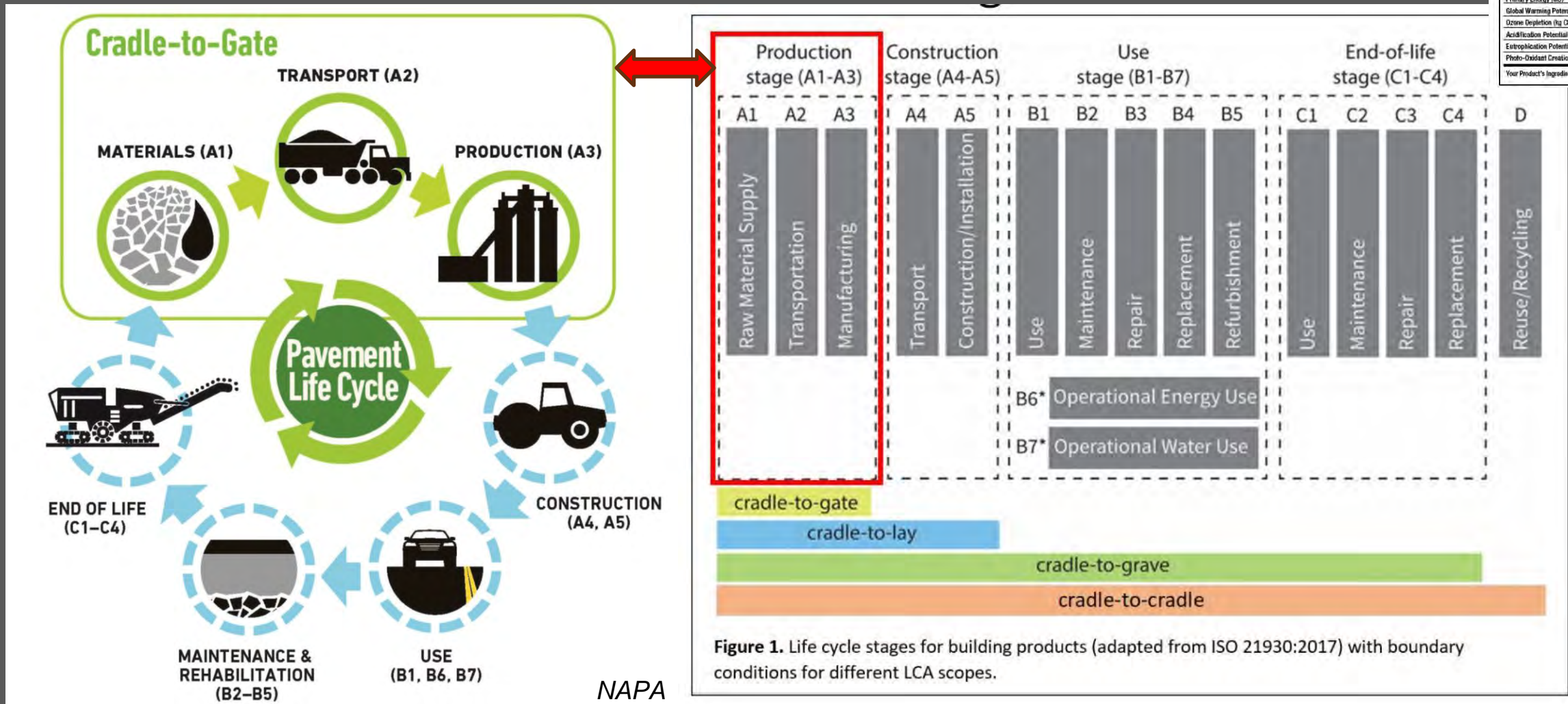
Environmental Product Declaration

EPD "Nutrition" Label

Your Building Product

Amount per Unit	TOTAL
LCA IMPACT MEASURES	
Primary Energy (MJ)	32.4
Global Warming Potential (kg CO ₂ eq)	0.96
Ozone Depletion (kg CFC 11 eq)	1.80E-08
Acidification Potential (mol H ⁺ eq)	0.03
Eutrophication Potential (kg N eq)	6.43E-04
Photo-Oxidant Creation Potential (kg O ₃ eq)	0.121

Your Product's Ingredients: Listed Here



NAPA

Sustainability

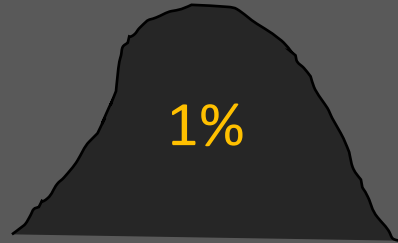


Two primary ways to reduce carbon emission in asphalt pavements:

1. Increase RAP
2. Reduce Temperatures

Importance of RAP

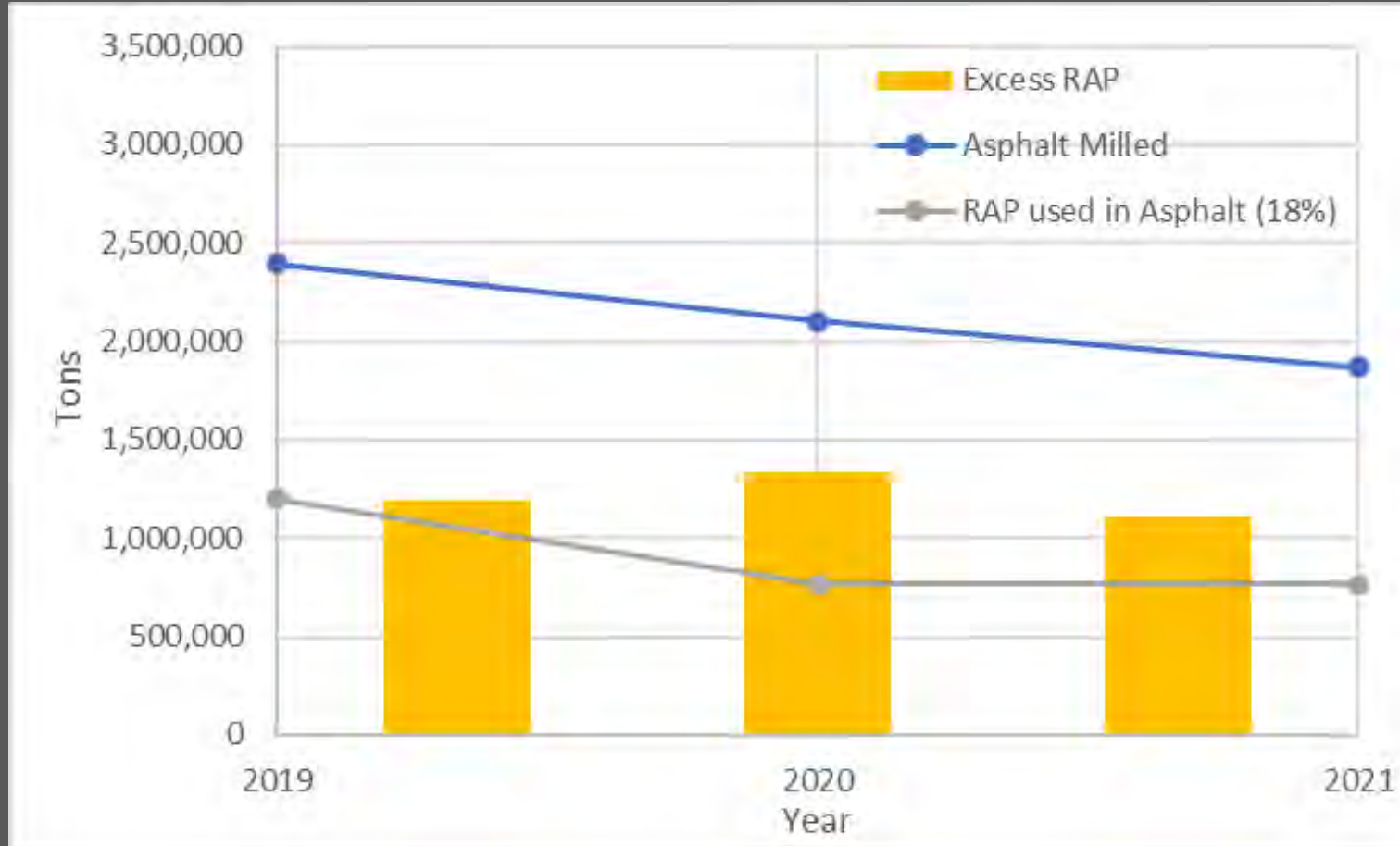
Increasing RAP



 = CO_{2(e)} per 1000 cars

Increasing RAP in new asphalt mixtures by just 1% reduce nationwide = reduction emissions (CO₂e) of 30,000 passenger vehicles (U.S. EPA, 2018)

RAP in PA



Year	Asphalt Milled	Asphalt Placed	RAP in Asphalt	Difference
2019	2,394,076	6,667,762	1,200,197	1,193,879
2020	2,102,339	4,240,700	763,326	1,339,013
2021	1,869,704	4,252,700	765,486	1,104,218



Asphalt Mixes

Virgin asphalt pavement comprised of:

Virgin Aggregate (coarse and fine)

Asphalt Binder



Image sources:
NCAT
<https://www.sbsg.com/products/sbsg-bulk-aggregates/>
West, R. (NAPA QIP 129)



Reclaimed Asphalt Pavement

Aggregate

Aged Binder

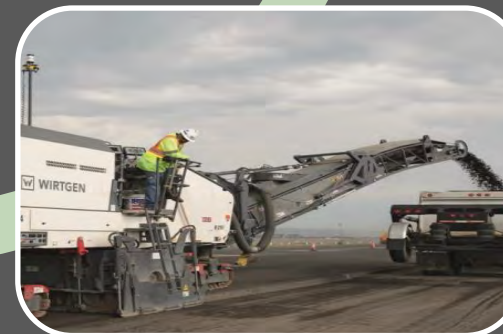
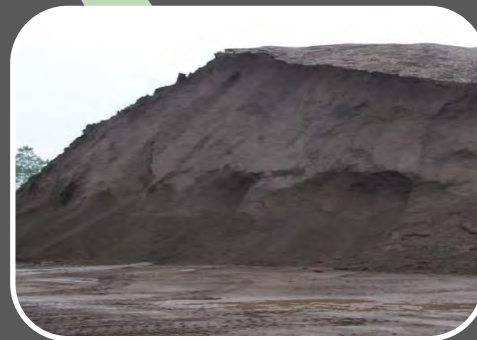
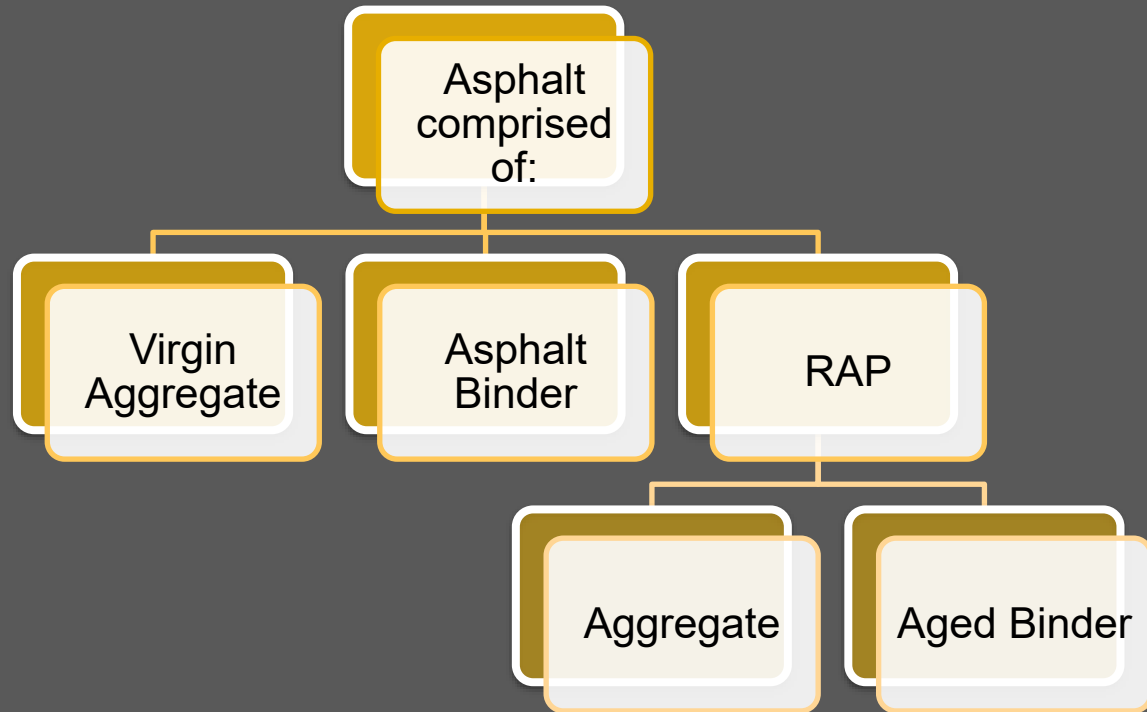


Image sources:
West, R. (NAPA QIP 129)
Virginia Asphalt Association



Pennsylvania Asphalt
Pavement Association
Pennsylvania Rides on US.

RAP Mixes

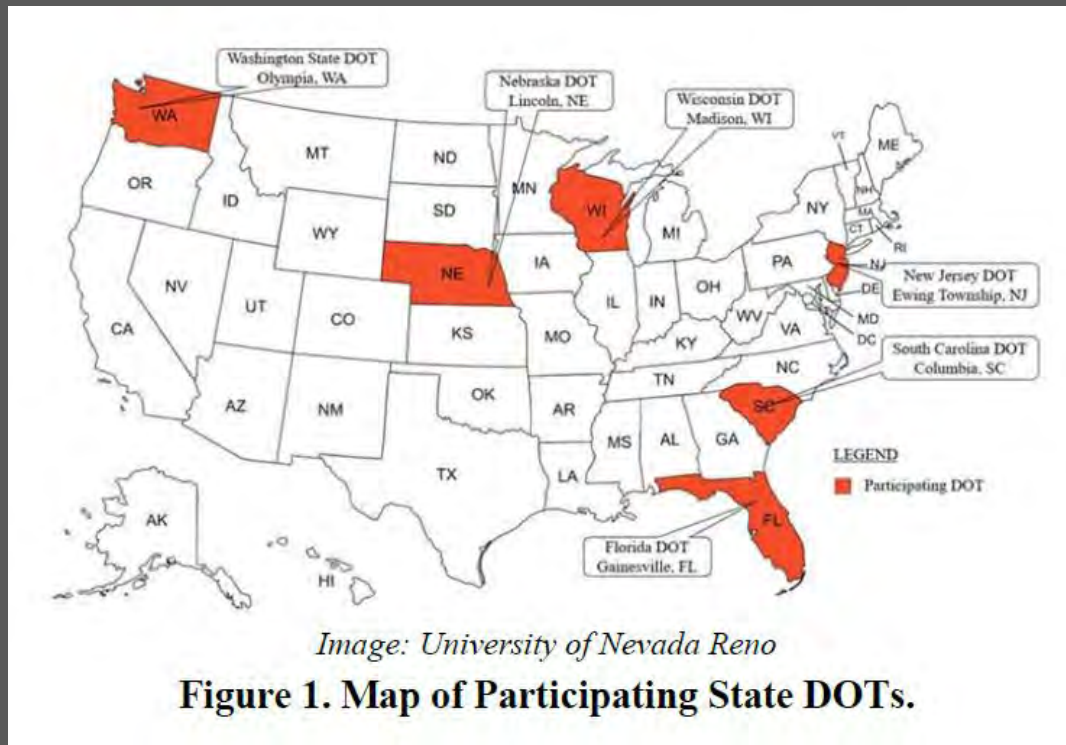


RAP Management

- RAP management and use is highly regulated
 - PA DEP permitting for **beneficial use** of RAP
 - Examples of requirements:
 - Clean stockpiles free of deleterious materials
 - Turn over the stockpile (cannot sit for prolonged period of time)
- Industry has invested in plant adaptations
 - Retrofitting of plants
 - Upgrade to drum plants (higher RAP capacity)
 - In-line screens, crushers



Performance of RAP Mixes: National Perspective



TechBrief

The Asphalt Pavement Technology Program is an integrated national effort to improve the long-term performance and cost-effectiveness of asphalt pavements. Managed by the Federal Highway Administration through partnerships with State highway agencies, industry, and academia, the program's primary goals are to reduce congestion, improve safety, and foster technology innovation. The program was established to develop and implement suggestions, methods, procedures, and other tools for asphalt pavement materials selection, mixture design, testing, construction, and quality control.

Office of Preconstruction, Construction, and Pavements
 FHWA-HIF-22-003
 Date: July 2021



Resource Responsible Use of Reclaimed Asphalt Pavement in Asphalt Mixtures

This Technical Brief summarizes techniques employed by State DOTs in the use of high doses of reclaimed asphalt pavement (RAP) in asphalt mixtures and communicates the benefits observed.

The contents of this document do not have the force and effect of law and are not meant to bind the public in any way. This document is intended only to provide clarity to the public regarding existing requirements under the law or agency policies. However, compliance with applicable statutes or regulations cited in this document is required.

Introduction

Reclaimed asphalt pavement (RAP) has been used in asphalt pavement rehabilitation and reconstruction for decades. However, since the 2008 peak in asphalt binder price, the desire to increase the use of RAP has continued (1). It has been driven by the goal for cost-effective alternatives to virgin asphalt binder and the desire to make asphalt pavements more sustainable. However, this has created challenges for some State Departments of Transportation (DOTs) to specify, design, and control the quality of asphalt mixtures containing RAP. Other State DOTs have had success with varying RAP dosages. The primary concern is assuring that the high stiffness RAP binder in the mixture does not lead to long-term pavement durability issues such as raveling and cracking.

According to the National Asphalt Pavement Association (NAPA), the amount of RAP accepted/delivered to asphalt mixture producer facilities in 2019 was 97.01 million tons (2). More than 97 percent of asphalt mixture reclaimed from old asphalt pavements was used in new pavement. Since 2009, the average percentage of RAP used in asphalt mixtures by weight has increased from 15.6 percent to 21.1 percent. All State DOTs allow the use of RAP at some dosages and conditions.

Benefits and Risks of Using RAP

Positive, sustainable benefits (cost, environmental and societal) have been documented by NAPA, and State DOTs have embraced the use of RAP (2). Based on a review of a national literature summary including individual State DOT and Long Term Pavement Performance (LTPP) program data compiled for the 2011 FHWA Report No. FHWA-HRT-11-021


Performance of High RAP Mixes: National Perspective

- Performance of RAP mixes:
 - FL DOT: when accounting for traffic volume, and for RAP mixes with 30 – 50% RAP, performance was better than mixes without RAP
 - NE DOT: “the overall condition of the highway system has improved since the implementation of high RAP asphalt mixtures”
 - WS DOT: “No statistical evidence to suggest a difference in performance between high-RAP (> 20%) and up to 20% RAP mixtures”

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According to the National Asphalt Pavement Association (NAPA), the amount of RAP accepted/delivered to asphalt mixture producer facilities in 2019 was 97.01 million tons, and the RAP used in asphalt mixtures was 89.2 million tons (2). More than 97 percent of asphalt mixture reclaimed from old asphalt pavements was used in new pavement. Since 2009, the average percentage of RAP used in asphalt mixtures by weight has increased from 15.6 percent to 21.1 percent. All State DOTs allow the use of RAP at some dosages and conditions.

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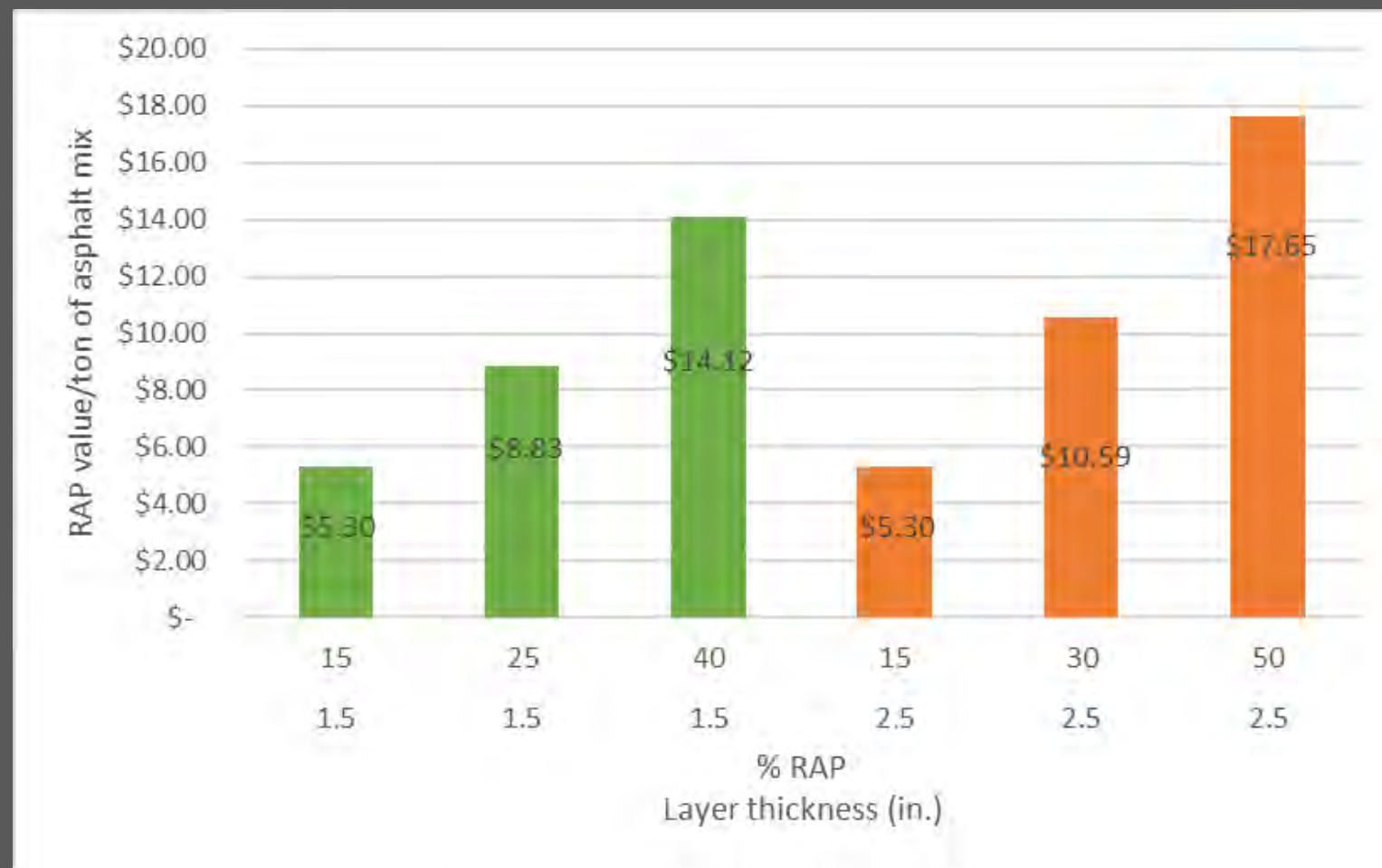
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Value of RAP

- Cost of Virgin Materials:
 - Aggregate:
 - \$20/ton
 - 95% of mix
 - Asphalt binder:
 - \$600/ton
 - 5% of mix

Avg. Value of RAP \approx
\$10/ ton of mix



Cost Savings of RAP Mixes

- Ohio DOT High RAP project (2021)
 - Side-by-side comparison
 - Mill/fill:
 - Marshall Intermediate Course
 - Marshal Surface Course
 - Surface mixes:
 - High RAP: 55% RAP (53% RBR + 0.1% Recycling Agent)
 - Control: (20% RAP/ 16.3% RBR)

**DON'T LET RECYCLING
SCARE THE RAP OUT OF
YOU: OHIO DOT'S HIGH
RAP/BMD PROJECT**

Eric Biehl

State Asphalt Materials Engineer

Ohio DOT - Central Office - Office of Materials Engineer

2 | 2022 Ohio Transportation Engineering Conference



Pennsylvania Asphalt
Pavement Association
Pennsylvania Rides on US.

Cost Savings of RAP Mixes

- Ohio DOT High RAP project (2021)
 - Eric Biehl, P.E., State Asphalt Materials Engineer reported at OTEC, 2022. Related to cost savings associated with the high RAP section (assuming service life is equal):

For every 0.1% reduction in virgin asphalt binder, roughly \$1/CY reduction in material cost

- Assumes \$500/ton for asphalt binder

Actual costs (Asphalt Price Index at time of placement = \$465.83/ton)

- Control Section (5.3% virgin asphalt binder)
- High RAP section (2.9% virgin asphalt binder) -> \$22.36/CY of mix Cheaper

When asphalt binder costs increase significantly, overall material costs fluctuate less

- Increase in Asphalt Price Index to \$736.67 (+270.84) translates to:
 - Control section increased by \$28.71/CY
 - High RAP section increased by %15.71/CY



Cost Savings of RAP Mixes

- Ohio DOT High RAP project (2021)
 - Eric Biehl, P.E., State Asphalt Materials Engineer reported at OTEC, 2022. Related to cost savings associated with the high RAP section (assuming service life is equal):

Cost savings associated with virgin aggregate:

- \$50/CY (\$25/ton) of aggregate for high RAP (45% virgin aggregate)

Total savings for 55% RAP vs. 20% RAP mix, if haul distance is the same:

- \$40/CY of mix

Haul distance not equivalent (\$26.50/CY of mix), total savings

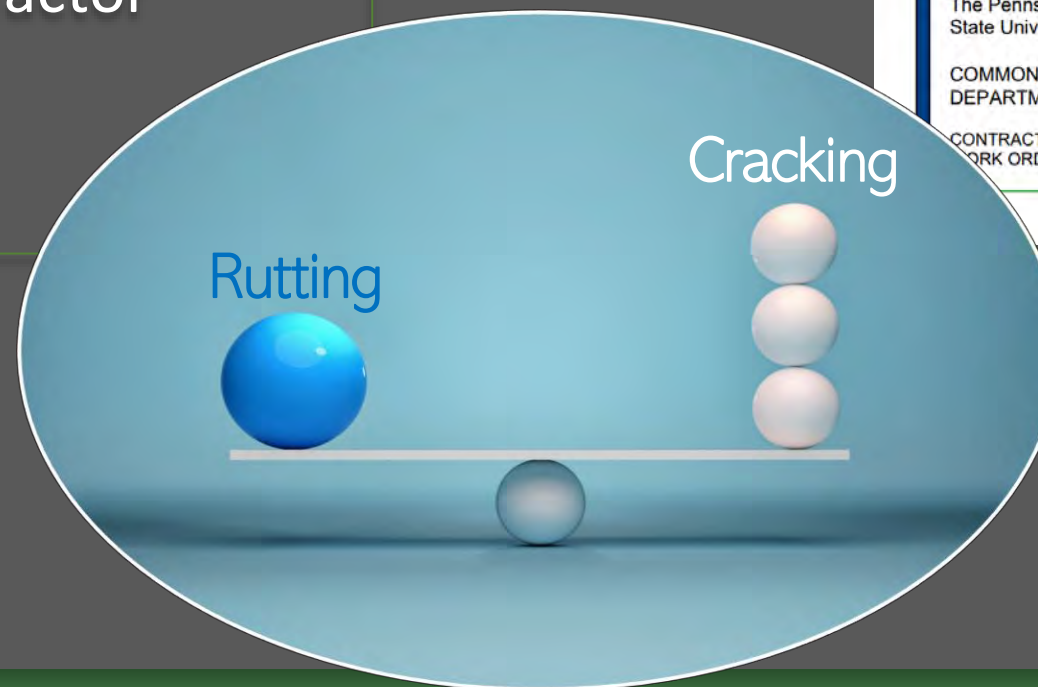
In 2019, 900k of Marshall surface mix placed, using 55% RAP would translate to:

- \$12 million in cost savings



Responsible use of Resources

- Tools to successfully increase RAP %
 - Balanced Mix Design
 - Recycling agents
 - RAP binder correction factor
 - LVR High RAP mixes
 - SC DOT
 - GA DOT



Evaluating Testing, Protocols, and Limits for Asphalt Rejuvenating Agents in PA

FINAL REPORT

September 30, 2022

By M. Solaimanian, S. Milander and M. Tofghian
The Pennsylvania State University



COMMONWEALTH OF PENNSYLVANIA
DEPARTMENT OF TRANSPORTATION

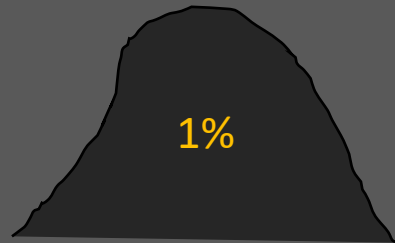
CONTRACT # 4400015622
WORK ORDER # PSU 017




Pennsylvania Asphalt
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Importance of RAP

Increasing RAP



 = 1000 cars

(US EPA, 2018)

Increasing RAP in new asphalt mixtures by just 1% reduce nationwide = reduction emissions (CO₂e) of 30,000 passenger vehicles (U.S. EPA, 2018)

Thank you

Mary Robbins, Ph.D., P.E.
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Upcoming PAPA Events

[TO REGISTER: PAPA Events \(pa-asphalt.org\)](https://pa-asphalt.org)



PAPA ANNUAL CONFERENCE

Hershey, PA

January 15, 16 & 17, 2024

PAPA REGIONAL TECHNICAL MEETINGS

Pittsburgh | State College | Allentown

March 19, 20, & 21, 2024

PAPA ENVIRONMENTAL SEMINAR

Harrisburg, PA

April 10, 2024

